

A close-up photograph of lemon myrtle leaves. The leaves are elongated and pointed, with a vibrant green color on the upper surface and a reddish-brown hue on the lower surface. The texture of the leaves is clearly visible. A white rectangular border frames the central part of the image.

morning & afternoon tea

Pictured: Lemon myrtle

refreshment break

available for individual breaks or an all day option

Included

Self-serve espresso coffee

Hot chocolate

Selection of T Bar teas

Whole fruit

breaks

For your convenience, our expert Chefs have hand-picked delicious items to feature in your morning and afternoon tea breaks. This allows you time and space to focus on other aspects of your event. Should you wish to review other options to enhance your break, please refer to 'enhance' on pages 18 & 19.

Chef selected tea break

Two 'Chef selected' items

Whole fruit

Self-serve espresso coffee

Hot chocolate

Selection of T Bar teas

Water infused with native herbs & fruits

Soda water

Monday

morning & afternoon tea

Morning Tea

House-made braised beef & Barossa Valley Shiraz pie **NF**

Honey wattleseed & white chocolate muffin **HF, NF, V**

Afternoon Tea

Smoked chicken tart, salsa verde, carrot purée **HF, NF**

Baked raspberry & white chocolate cheesecake **HF, NF, V**

Tuesday

morning & afternoon tea

Morning Tea

Smashed chickpea wrap, crunchy sprouts, fresh cabbage, pickled carrot **HF, NF, PB**

Orange & cardamom polenta cake **DF, GF, HF, NF**

Afternoon Tea

Roasted red pepper & eggplant arancini balls, native basil aioli **HF, NF, V**

Brioche buns, native berry cream **HF, NF, V**

Wednesday

morning & afternoon tea

Morning Tea

Barossa Valley smoked ham* & Murray Bridge aged cheddar cheese croissant **NF**

Large house-made cookies **HF, NF, V**

Afternoon Tea

Chicken & mushroom dumplings, sweet chilli soy dressing **DF, NF**

Adelaide Hills baked apple & anise myrtle crumble, vanilla cream **HF, NF, V**

Thursday

morning & afternoon tea

Morning Tea

Chicken, tarragon & rocket finger sandwich **DF, HF, NF**

Lemon myrtle yoghurt scone, native berry jam, Chantilly cream **HF, NF, V**

Afternoon Tea

Brie, blue cheese & balsamic-glazed pear tart **HF, NF, V**

Cherry & white chocolate blondie **HF, NF, V**

*All bacon & ham used at Adelaide Convention Centre is certified nitrite free.

morning & afternoon tea

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DF – dairy free **GF** – gluten free **HF** – halal friendly **NF** – nut free **PB** – plant based **V** – vegetarian

Friday

morning & afternoon tea

Morning Tea

Lamb & feta sausage rolls, quandong & chilli chutney **HF, NF**

House-made selection of Danish pastries **HF, NF, V**

Afternoon Tea

Mexican potato & pea empanada **HF, NF, PB**

Raspberry curd meringue pies **HF, NF, V**

Saturday

morning & afternoon tea

Morning Tea

Banana bread, whipped brown butter **HF, NF, V**

Ricotta & spinach quiche **HF, NF, V**

Afternoon Tea

Strawberry gum custard tarts **HF, NF, V**

Creamy mushroom & goat cheese wellington **HF, NF, V**

Sunday

morning & afternoon tea

Morning Tea

Warrigal greens, ricotta & sundried tomato scroll **HF, NF, V**

Mini jam doughnuts **HF, NF, V**

Afternoon Tea

Mushroom, leek & blue cheese pie **HF, NF, V**

Lavender honey panna cotta, **GF, HF, NF, V**

design your own tea break

Select two items from the 'enhance' section below

- Whole fruit
- Self-serve espresso coffee
- Hot chocolate
- Selection of T Bar teas
- Water infused with native herbs & fruits
- Soda water

enhance

Enhance your morning or afternoon tea for an additional charge.

Sweet Items

- Large house-made cookies **HF, NF, V**
- Honey wattleseed & white chocolate muffin **HF, NF, V**
- Baked raspberry & white chocolate cheesecake **HF, NF, V**
- Orange & cardamom polenta cake **DF, GF, HF, NF**
- Brioche buns, citrus & native berry cream **HF, NF, V**
- Adelaide Hills baked apple & anise myrtle crumble, vanilla cream **HF, NF, V**
- Lemon myrtle yoghurt scone, native berry jam, Chantilly cream **HF, NF, V**
- Cherry & white chocolate blondie **HF, NF, V**
- House-made selection of Danish pastries **HF, NF, V**
- Raspberry curd meringue pies **HF, NF, V**
- Banana bread, whipped brown butter **HF, NF, V**
- Strawberry gum custard tarts **HF, NF, V**
- Mini jam doughnuts **HF, NF, V**
- Lavender honey panna cotta **GF, HF, NF, V**

enhance (continued)

Savoury Items

Barossa Valley smoked ham* & Murray Bridge aged cheddar cheese croissant **NF**

Heirloom tomato & Murray Bridge aged cheddar cheese croissant **HF, NF, V**

House-made braised beef & Barossa Valley Shiraz pie **NF**

Smoked chicken tart, salsa verde, carrot purée **HF, NF**

Smashed chickpea wrap, crunchy sprouts, fresh cabbage, pickled carrot **HF, NF, PB**

Roasted red pepper & eggplant arancini balls, native basil aioli **HF, NF, V**

Chicken & mushroom dumplings, sweet chilli soy dressing **DF, NF**

Chicken, tarragon & rocket finger sandwich **DF, HF, NF**

Lamb & feta sausage rolls, quandong & chilli chutney **HF, NF**

Mexican potato & pea empanada **HF, NF, PB**

Ricotta & spinach quiche **HF, NF, V**

Creamy mushroom & goat cheese wellington **HF, NF, V**

Warrigal greens, ricotta & sundried tomato scroll **HF, NF, V**

Mushroom, leek & blue cheese pie **HF, NF, V**

Barista coffee station package

Elevate your offering with a dedicated barista coffee station. A barista coffee station package is not substitutable for the coffee and tea service as part of a breakfast, refreshment break, morning and afternoon teas, lunch or dinner package. It may only supplement these items.

*All bacon & ham used at Adelaide Convention Centre is certified nitrite free.

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