



breakfast

Pictured: Strawberry gum

continental breakfast

Stand-up breakfast

Included

Self-serve espresso coffee

Hot chocolate

Selection of T bar teas

Fresh Start juice – cloudy apple, river mint, beetroot & carrot **GF, HF, NF, PB**

House-made maple granola, coconut & strawberry gum yoghurt, blueberry compote **HF, NF, PB**

Assorted muffins & Danish pastries **HF, NF, V**

Seasonal sliced fresh fruits **GF, HF, NF, PB**

Choice of (select one):

Barossa Valley smoked ham* & Murray Bridge aged cheddar cheese croissant **NF**

Heirloom tomato & Murray Bridge aged cheddar cheese croissant **HF, NF, V**

Barossa Valley bacon*, Clare Valley folded egg, Beerenberg tomato chutney on a charcoal roll **NF**

Chicken & native thyme sausage, caramelised onion, American cheese on a damper roll **NF**

Grilled La Casa Del Formaggio haloumi, portobello mushroom, native verde, brioche bun **HF, NF, V**

Smashed chickpea, sautéed mushroom & spinach slider **HF, NF, PB**

Warrigal greens & sweetcorn savoury muffin, whipped ricotta **HF, NF, V**

Butterfly pea flower coconut chia pudding, pumpkin & sunflower seed granola crunch **GF, HF, NF, PB**

Brown rice miso bowl, edamame, sesame broccoli, pickled mushroom, crispy shallots,
cold soft boiled egg **GF, NF, V**

Tasmanian salmon gravlax, dill & tarragon rice, soused zucchini, pickled shallots, wakame **DF, GF, NF**

Upgrade your continental breakfast with extra item(s) from the above list for an additional charge.

*All bacon & ham used at Adelaide Convention Centre is certified nitrite free.

seated breakfast

Select one item from the Choice range, or upgrade to an alternate drop with the choice of additional sides

Included

Brewed coffee

Hot chocolate

Selection of T Bar teas

Fresh Start juice – cloudy apple, river mint, beetroot & carrot **GF, HF, NF, PB**

House-made maple granola, coconut & strawberry gum yoghurt, blueberry compote **HF, NF, PB**

Seasonal sliced fresh fruits **GF, HF, NF, PB**

Choice (select one)

Additional charge per person for alternate drop

Barossa Valley bacon*, chicken & native thyme sausage, truss tomatoes, sautéed mushrooms, choice of scrambled or poached Clare Valley free range eggs, toasted ciabatta **NF**

Saltbush baked Tasmanian salmon, herb potato rosti, sautéed leek, poached Clare Valley free range eggs, charred asparagus, dill hollandaise, micro herbs **GF, HF, NF**

Sautéed wild mushrooms, black garlic tomato, Warrigal greens, poached Clare Valley free range eggs, native verde, grilled cornbread **GF, HF, NF, V**

Caramelised pumpkin, miso hummus, poached Clare Valley free range eggs, avocado, ciabatta, watercress & feta salad **NF, V**

House-made Spanish white bean cassoulet, black garlic roma tomato, burnt kale, portobello mushroom, broccolini, gluten free bread shard **GF, HF, NF, PB**

Additional sides

Barossa Valley bacon* **DF, GF, NF**

Saltbush baked Tasmanian salmon **DF, GF, HF, NF**

Chicken & native thyme sausage **DF, GF, NF**

Smashed native thyme roasted kipfler potatoes **GF, HF, NF, PB**

Burnt broccolini **GF, HF, NF, PB**

Sautéed Warrigal greens **GF, HF, NF, PB**

Grilled La Casa Del Formaggio haloumi **GF, HF, NF, V**

Sautéed portobello mushrooms with native basil **GF, HF, NF, PB**

Black garlic roma tomato **GF, HF, NF, PB**

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grab & go breakfast

*Individually boxed breakfast, ideal for offsite breakfasts or when delegates on the move.
Select one from the choices below.*

Option 1

Barossa Valley ham*, cheddar cheese, boiled egg, rocket & chutney focaccia **NF**

Whole fruit

Fleurieu yoghurt

Blueberry muffin

Bottled water

Option 2 (vegetarian)

Barossa Valley feta & roasted pumpkin breakfast slice with native verde **GF, HF, NF, V**

Danish pastry

Whole fruit

Fleurieu yoghurt

House-made Davidson plum health bar

Bottled water

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